Denying the right to vote
In many countries, people with intellectual disabilities are either not allowed to vote, or only if a judge or guardian allows it.

Change the law!
Spain and Denmark led the way in 2018 and adapted their national laws to grant people the right to vote.

Accessibility
The voting process is often complicated and confusing. Elections are not accessible.

Make it easy!
Easy-to-read manifestos, candidate's pictures on the voting slips, accessible election meetings: all these things help.

Lack of time
Caring responsibilities may prevent some people from voting.

Bring the ballot to the people
Postal, proxy & online voting are just some ways to lower barriers for people who don't have time to go to a polling station.