

**Hear
our
voices!**

Hear our Voices!

self-advocacy conference

20 – 22 September 2023 Tallinn, Estonia

Program



Day 1, Wednesday

20 September

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| 13:00 – 14:00 | Registration |
| 14:00 – 15:30 | Opening session Vjatseslav Zagorski – EVPIT board member László Bercse - chair of the European Platform of Self-Advocates and vice-president of Inclusion Europe Agne Raudmee – EVPIT board member |
| 15:30 – 16:00 | Coffee break |
| 16:00 – 17:30 | Signe Riisalo - Minister of Social Protection László Bercse - How do we learn to be a self-advocate, Hungary Paul Alford: Getting a Voice - My Journey to life, Ireland Ivar Merila - Where and how can I represent myself? My experiences Francesco Juarez and Fedele Collu -Taking part and being heard, Italy |

Day 2, Thursday

21 September

Morning

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| 10:00 – 10:30 | Welcome coffee |
| 10:30 – 11:00 | Describing what will happen today, and how the day is organised Arvo Raudmees and Silvi Laidro |
| 11:00 – 12:30 Three sessions at the same time | Session 1 The roads to self-advocacy Ana Martinez, Plena inclusión, Spain Andreas Zehetner, Lebenshilfe Austria Oswald Föllerer, Self-advocacy centre Vienna, Austria Session 2 New ways to find our voice Olga Podezemelnaja and Ramunė Lebedytė Undzėnienė, Viltis, Lithuania Martina Hronova, Rytmus, Czech Republic Session 3 Reet Asmer, AS Hoolekandeesutused, Estonia |
| 12:30 – 14:00 | Lunch |

Day 2, Thursday

21 September

Afternoon

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| 14:00 – 14:30 | Let's get back! Metsatuka muusikud |
| 14:30 – 16:00 Two sessions at the same time | Session 4 The role of our families Ana Martinez, Spain “After Us – training to live independently” - Giulio Tulumello, Antonio Costanza, Anffas Palermo, Italy Session 5 Self-advocacy in Ukraine |
| 16:00 – 16:30 | Coffee break |
| 16:30 – 18:00 Two sessions at the same time | Session 6 Thinking together about the future Elisabeta Moldovan, Ceva de spus, Romania Janek Muru, Vaimupuu, Estonia Jaan Männik, EVPIT, Estonia Vjatseslav Zagorski, EVPIT, Estonia Session 7 How can our voices be heard in new places? Tess Wappsell, member of the Advisory Board for the Swedish Institute for Human Rights |

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| Anna Ringström, member of Youth Platform, FUB, Sweden |
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Day 3, Friday

22 September

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| 10:00 – 10:30 | Welcome coffee |
| 10:30 – 12:30 | What do we learn, and what do we want? Creating a manifesto of self-advocates demands from their countries. Everyone works together in smaller groups. |
| 12:30 – 13:00 | Make it Real! – our manifesto |
| 13:00 – 13:30 | Closing session László Bercse, EPSA Chari and Inclusion Europe Vice-President Vjatseslav Zagorski, EVPIT Board member Chancellor of Justice |

Something extra!

Dinner on the 21 September (paid by participants)

Restaurant at the hotel

18:00 to 20:00

Visit to Tallinn Old Town (paid by participants)

Medieval snack at the restaurant Olde Hansa.

15:00 to 18:00

Practical info

Where

The conference takes place in Tallinn, Estonia.

[Radisson Blu Hotel Olümpia Tallinn](#)

Liivalaia 33, Tallinn, 10118, Estonia

Travel and accommodation

Participants organise and pay for their own travel and accommodation.

If you have questions about the conference, please write to

self-advocacy@inclusion-europe.org.



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