



Inclusion Europe

ANNUAL REPORT

20

INCLUSION EUROPE
RESPECT, SOLIDARITY AND INCLUSION FOR
PERSONS WITH INTELLECTUAL DISABILITIES

16



A LETTER FROM THE PRESIDENT

2016 was a busy year at Inclusion Europe.

At our Europe in Action conference we talked about how important inclusive education at school is.

2 projects ended last year: Safesurfing and Topside+. You can read about them in this report.

Congratulations to EPSA! They did great work in 2016. Also, 3 new members joined Inclusion Europe last year. Two are self-advocacy members from Austria and the Netherlands. One is from Bulgaria.



Maureen Piggot
President

Dear friends,

Thanks for taking the time to have a look at our 2016 Annual Report. As always, it was an eventful year for Inclusion Europe. If I was to put it under a general theme, this would be **“empowerment”**.

Inclusive Education is a key to **empowering children and teenagers with intellectual disabilities to be an active member of society**. Our Europe in Action conference recognised this by highlighting the role of families in making inclusion at school happen. We also made our voice heard at the United Nations, by submitting our input for the General Comment for Article 24 of its Convention on the Rights of Persons with Disabilities (in short, UN CRPD). Article 24 deals with the right to education.

The internet and social media can be powerful tools to help people with intellectual disabilities in their daily lives and make them less dependent upon their support persons. However, **real empowerment also means being able to handle the risks**. The SafeSurfing project, which ended in 2016, surely is a big step forward in order to raise awareness for how to stay safe online.

Peer support is one of the most **empowering methods of giving support to people with intellectual disabilities**, both for the supporter and for the person being supported. Topside+ (Training Opportunities for Peer Supporters with Intellectual Disabilities in Europe), the successor of the Topside project, is the best example for this. The project was also concluded last year.

Lastly, who would you name as our **champions of empowerment**? Certainly the self-advocates from EPSA, the European Platform of Self-Advocates. In 2016, they were busy advocating for independent living and inclusion, and with training other self-advocates – amazing work!

I am happy that we could welcome 3 new members in 2016: National Association of Resource Teachers (Bulgaria), Vereniging LFB (the Netherlands) and Selbstvertretungs-Zentrum Wien (Austria) – welcome to Inclusion Europe!

Finally, I would like to say a heartfelt thank you to all members, organisations and individuals who supported us in 2016 – our work would be impossible without you!

I look forward to be working with you in 2017.

A handwritten signature in blue ink that reads "Maureen Piggot".

Maureen Piggot
President

You can find the explanations of all the words which are marked in bold and blue when you click them.



OVERVIEW

Inclusion Europe did a lot in 2016.

We organised the Europe in Action conference and leadership trainings for people with intellectual disabilities.

We also organised a workshop about easy-to-read.

We worked on many different projects together with our members.

For example on education and making things **accessible**.

We started two new projects in 2016.

One is about women with intellectual disabilities who experienced violence.

The other one is about **inclusive education**.

It is good to work together with our members.

This also makes Inclusion Europe and our members earn more money.

Inclusion Europe also helped to make sure that an important agreement says that people with disabilities should learn together with everyone else.

We are very happy that we did this together with our members and other organisations.

In 2016, we asked our members about their opinion about Inclusion Europe.

They told us that they liked the work we were doing. They also said that we could do some things better.

For example talk more with our members and help them to talk with each other.

We are happy about the opinions we received.

They help us to work better in the coming years.

You can read about all these different topics in this report.

Highlighting main activities and achievements of 2016, Inclusion Europe can **demonstrate its value to members**: influencing key policies, providing opportunities for exchange of ideas and practices as well as pushing forward in exploring new areas and approaches in inclusion. One of our key interventions in 2016 came during the summer and was quite unexpected. It shows perfectly what can be achieved when the inclusion movement works together, sharing experiences and resources in pushing for one cause. Together with our members and other organisations we were able to **intervene and influence the CRPD Committee at a crucial moment** to ensure a fully inclusive General Comment on inclusive education. You can read all about it on **page 18** of this report.

ACHIEVING TOGETHER

Other examples of the value of working together are the events we organised: **Europe in Action conference, leadership trainings and directors' meeting**. You can read all about the conference on **page 12**. The leadership trainings for people with intellectual disabilities and for family members were held in Brussels, Belgium, in November 2016. We were happy to welcome over 20 participants who learned about each other's campaigning and advocacy work and the potential to strengthen our voice at the European level. In informal meetings with MEPs, European Commission officials and other stakeholders we put into practice the networking and influencing techniques we had discussed. This gave participants the taste of how Brussels works and most importantly, the opportunity to raise directly the topics important to them.

Another significant part of our work is to provide for the exchange of ideas and practices among members and with other organisations. We have gathered yet **more practical examples of support for decision-making**, which you can find at the website www.right-to-decide.eu.

In December, we organised a **workshop about easy-to-read**. The focus was on how we can bring this topic forward and how to make sure more people have access to easy-to-read information. The key messages out of that workshop were: there is a need to develop easy-to-read for new formats (mainly in the online environment), and there is also a need for a more coordinated effort on promoting easy-to-read, and on protecting its key principles (namely: direct involvement of people with intellectual disabilities). Part of the workshop was held together with European Commission officials, who were interested in ways easy-to-read can help them better communicate with public. At the workshop, our members shared many examples of easy-to-read possibilities.

PROJECTS: DEVELOPING POLICY AND PARTNERSHIP

As is usual for Inclusion Europe, we were involved in several projects in 2016. This allows us to explore and develop specific policy areas, have an intensive cooperation with our members partnering the projects and also to generate additional income both for Inclusion Europe and our members.

The projects in 2016 focused on these areas: **inclusive education, accessibility and peer-support**. This helped us produce relevant contributions to key policy discussions in 2016 – the General Comment on CRPD Article 24 about inclusive education, the implementation of the EU General Data Protection Regulation and the Accessibility Act proposed by the European Commission. We were also developing peer-support for people with intellectual disabilities, which adds to the many ways of supporting decision-making, as well as contributing to self-advocacy skills. You can read more about our projects elsewhere in this report. Another project is Able to include, which is a project using technology to make information easier to access and use. Key products of this project are a mobile app for social media and a simplified e-mail interface.

On the relevant project websites (please refer www.inclusion-europe.org for the links) you can find **all the tools that were created within those projects** : training materials on on-line accessibility and personal data protection; awareness raising videos about data protection; peer-support training tutorials and many more. All these tools are available in multiple languages. We are very happy to see that many of the tools have already been utilised by our members: incorporating them into their training portfolios or developing new projects based on them.

An important aspect of being involved in projects is the **extra cooperation with our members**. This allows us to learn more about each other's work as well as to share knowledge and develop personal relationships. We partnered with 14 member organisations in our projects in 2016. They were from Armenia, Bosnia and Herzegovina, Czechia, France, Germany, Italy, Lithuania, the Netherlands, Poland, Portugal, Spain (2) and United Kingdom (2).

The additional income for our partners generated by these projects was close to € 200,000 distributed over three years.

PUSHING FOR MORE

In exploring new areas and pushing further for inclusion, we started two new projects. One is about **violence women with intellectual disabilities suffer in institutions** . The project will find out more about their experiences and about the support they have available to deal with them. We want to build on this project to highlight the abuse and violence (not only) women with intellectual disabilities are subjected to, and to push for better protection and support.

The other new project is about **inclusive higher education** . With partner universities in Belgium, the Netherlands, Czechia and Finland, we will explore what needs to be done for inclusion in higher education campuses – both from the perspective of people with intellectual disabilities as students, and as lecturers.

CRPD 10TH ANNIVERSARY

2016 was the year of the 10th anniversary of the UN CRPD. The CRPD is of course a cornerstone of our work, and we participated in the activities to commemorate the anniversary at European level. Inclusion Europe contributed to hearings and work forums about the CRPD, **bringing the perspective of people with intellectual disabilities to the table** . We also facilitated a contribution to the European Day of Persons with Disabilities conference.

MEMBERSHIP REVIEW AND STRATEGY

In 2016, we worked on a new strategy for Inclusion Europe. As the current operating grant expires in 2017, we were looking for feedback on how we work, and new ideas to implement in the next couple of years.

Our members contributed to an **evaluation of Inclusion Europe's activities**, for which we thank you once more. It was very valuable feedback. To highlight just some of the messages we received: Inclusion Europe is of value to its members because working together is meaningful and brings our members new knowledge and opportunities. The importance of being present in Brussels as the capital of the EU is also recognised, as it gives people with intellectual disabilities and their families the opportunity to be heard, get their messages to key players, and influence policies relevant to their lives.

What you as our members also told us, is that we need to improve in some areas: mostly in communicating with members and in exchange of information. We also need to look for **better ways to engage with our members** , especially those who might find it difficult to attend events we organise or participate in projects. Also suggested were improvements to the way we focus on certain priorities, and how we communicate that.

We are grateful for all the feedback and we used it to prepare a new strategy for the years 2018-2022.

You can find the explanations of all the words which are marked in bold and blue when you click them.



EPSA REPORT



Senada Halilčević
EPSA chair

Dear EPSA members,
I am Senada Halilčević, the chair of EPSA.
EPSA is the European Platform of Self-advocates.
I want to tell you what we did last year.

EPSA did many important activities in 2016.

Meetings of EPSA

The Annual Meeting of the EPSA steering group took place in March.

The EPSA Steering Group talked about plans and activities.

EPSA also had a big meeting at the Europe in Action Conference.

During part of the meeting we talked about **independent living**.

More than 50 people attended.
Most of them were self-advocates.

They also talked about how to improve the work of EPSA.

Participation at different events

Sara Pickard from the UK represents Europe on the Council of Inclusion International.

Sara Pickard and Harry Roche took part in the Global Forum of Self Advocates at the **Inclusion International** annual conference in Orlando. Orlando is a city in the United States.

Luminita Caldaras is also one of our members. She attended the meeting of the Women's Committee of the **European Disability Forum**.

I took part in different events.

In 2016 we celebrated 10 years of rights for persons with disabilities.

The **UN CRPD Committee** of the **United Nations** invited me to a conference in Geneva.

I talked about what it means to live independently and be included in the community.

I said that it means to have your freedom to choose how you want live.

I also trained Italian self-advocates on starting self-advocacy groups. They have started 11 self-advocacy groups in various cities in Italy.

In June I participated in a meeting of the **Disability High Level Group** in Brussels in Belgium.

I talked about what EPSA and Inclusion Europe have done to fight for the rights of people with intellectual disabilities and their families.

Local and National organisations

EPSA members took part at different protests, conferences and workshops on human rights in their countries.

They organised a lot of things, like meetings of self-advocates, national conferences, trainings and visits.

New members

EPSA now has two new members from Austria and the Netherlands. We are very happy about that!

Other EPSA activities

EPSA delivered trainings on how to start self-advocacy groups in Austria, Croatia, Estonia, Hungary, Italy and Romania.

We will continue to fight for full accessibility and inclusion for people with intellectual disabilities.

We do this in our countries, at the **European Union** and the **United Nations**.

Warm regards,

HALILJEVIC

Senada Halilčević

EPSA chair

EUROPE IN ACTION 2018



Every year for 3 days, self-advocates, support persons, family members and professionals address different aspects of a certain topic in a city across Europe.

Our next Europe in Action conference in 2018 will happen at the World Congress of Inclusion International.

Find more information on the [dedicated website](#).

Follow us on our social media channels!

 [facebook.com/inclusion europe](https://www.facebook.com/inclusion europe)

 twitter.com/inclusion europe

 [youtube.com/inclusion europe](https://www.youtube.com/inclusion europe)

HEAR OUR VOICES 2017

EPISA organises a bi-annual conference for self-advocates called "Hear our Voices".

At this conference, people with an intellectual disability come together to talk about and share ideas and experiences about intellectual disability.

The next "Hear our voices" conference will take place from **5 to 7 December 2017**.





OUR ACTIVITIES

EUROPE IN ACTION 2016 – A BIG SUCCESS!

The Europe in Action conference in 2016 took place in Portugal.

The conference was about inclusive education.

Inclusive education is education where everyone can learn together.

People who need support in learning can get this support.

Families are very important to make inclusive education happen.

Participants really liked the Europe in Action conference.





"The Role of Families in Education: Kick-off for independence" was the title of 2016's Europe in Action conference which took place from 26 to 28 May 2016 in Lisbon (Portugal). Inclusion Europe and its Portuguese member Fenacerci welcomed more than 150 self-advocates, support persons, family members and professionals from 23 European countries, but also Australia, Canada and the United States.

The conference programme offered a great mix of personal stories from self-advocates and sessions delivered by experts and policy-makers. Participants discussed the right to inclusive education and the current situation in different European countries.

FAMILIES: A CRUCIAL ROLE IN MAKING INCLUSIVE EDUCATION WORK

Families have a crucial role to play both in promoting inclusive education, but also in making it work in everyday live. Inés de Araoz Sánchez-Dopico from Inclusion Europe's Spanish member Plena Inclusión made that clear in her presentation: "Involving families is one of the keys to progress towards educational inclusion", she said. "Family members should encourage that their children are accepted by the entire school community." This is possible for example by seeking allies in families with children without disability, but also by getting involved in parents' organisations and school councils.

David Rodrigues from the Portuguese organisation "Pro-Inclusion" gave an overview of the current situation of Inclusive education in Portugal. "There is a mismatch between a good legislative framework, but not enough resources made available to schools", he explained and also pointed out the low expectations many teachers have towards pupils with intellectual disabilities. Rodrigues regretted that there is currently little involvement of families in the educational process of their children and he also stressed the importance of training teachers on inclusion.

HIGH LEVEL OF INTERACTION

Other presentations touched upon the situation of inclusive education in Europe, inclusive education of children with complex needs or networking and mutual support of parents. Workshop sessions dealt with topics such as how families and young people with disabilities can demand changes in education and how personalised learning can become a reality in an inclusive classroom.

The high level of interaction throughout the conference was truly appreciated by the participants. Europe in Action 2016 has once again served as a platform of debate enabling self-advocates, family members and experts to formulate common positions aiming for full and effective inclusion of all children with disabilities in schools. Their conclusions highlighted the urgency to end segregation of children with disabilities in Europe while acknowledging that transition to a model of inclusive education will require a lot of effort.

SAFESURFING: HOW TO STAY SAFE ONLINE



Staying safe on the internet is not easy.

Inclusion Europe did a project together with some of its members.

They told people with intellectual disabilities how they can stay safe online.

They also did videos on this issue. The project was called SafeSurfing.

It was a big success.



Downloading apps, using your credit card, protecting personal information ... Staying safe on the internet is a challenge for everyone. The Safe Surfing project (www.safesurfing.eu) specifically targeted at people with intellectual disabilities, as they are especially at risk. The project, which ended in October 2016, was developed by Inclusion Europe and four of its members – Anffas, Mencap, Plena Inclusión and PSONI. The aim of SafeSurfing was threefold:

- * to train persons with intellectual disabilities on data protection and safe online behavior
- * to develop videos on different topics regarding internet safety, which can still be used after the end of the project
- * to develop policy recommendations on data protection and online participation of people with intellectual disabilities



TRAINING TO USE THE INTERNET SAFELY

200 people with intellectual disabilities from Italy, the UK, Spain and Poland participated in a series of interactive webinars in 2016 to learn about how to use the internet and share information with others in a safe way. The training was divided into different modules, each of which dealing with another area:

Module 1: How to use the internet safely and protect my personal data.

Module 2: Dangers of the internet.

Module 3: How to stay safe using the internet and applications.

Module 4: Facebook and browser safety.

Module 5: Summary of main points.

The trainings got overwhelmingly positive feedback! The vast majority of participants affirmed that they learned new and valuable information whilst enjoying the course.

VIDEOS: CLEAR EXAMPLES ON HOW TO PROTECT YOURSELF

For each module covered by a webinar, a separate video was produced by the project partners. Available in five languages, the videos show people with intellectual disabilities in real life situations and give clear examples on how they can protect themselves while surfing the internet.

POLICY RECOMMENDATIONS

As a third project output, policy recommendations on data protection and on-line participation of people with intellectual disabilities were developed and shared with relevant stakeholders: The main points raised were that information about data protection and processing must be available in easy-to-read, and legislation on the issue should always take into account the specific needs of people with intellectual disabilities.

There is wide interest in continuing the project and developing it further, especially in terms of training, both by project partners and other organisations.



TOPSIDE+: EMPOWERMENT THROUGH PEER SUPPORTERS

Topside+ was a project about peer support.

Peer support is the idea that people with intellectual disabilities help people like themselves to make decisions.

At Topside+, people with intellectual disabilities worked as co-trainers.

They trained future peer supporters.

4 self-advocates worked as co-trainers.

They did a great job!





Who can understand your situation best?
Someone who has made similar experiences!

This is what peer support is about: The idea that people with intellectual disabilities help their peers with smaller or bigger decisions, by listening, reacting with empathy and relating their own and others' life experiences.

The Topside project (Training Opportunities for Peer Supporters with Intellectual Disabilities in Europe) and Topside+, which ended last year, aimed to make the idea of peer support widely known in many European countries.

PEOPLE WITH INTELLECTUAL DISABILITIES AS CO-TRAINERS

Topside (implemented in Catalonia, the Czech Republic, Finland, the Netherlands, Romania and Scotland between 2011 and 2013) successfully developed and tested a training curriculum for the use of peer supporters, and trained them to prepare them for their task. However, a slight inconsistency remained: The workshops for peer supporters were carried out by non-disabled people only.

Topside+ therefore went one step further: One goal of the project, funded by the European Commission's Erasmus+ programme, was now to include people with intellectual disabilities as co-trainers in the training of future peer supporters. This was achieved with the selection of four dedicated self-advocates – Maik Thiele (Lebenshilfe, Germany), Nadine Heller (ADAPEI, France), Andre Mota (FENACERCI, Portugal) and Kestutis Rozinskas (Viltis, Lithuania) – all of

whom not only proved to be outstanding trainers but also reported that the project had promoted their own personal development.

A UNIQUE METHOD FOR EMPOWERMENT

Topside+ extended the project reach to new countries, France, Germany, Lithuania and Portugal, and introduced a range of other improvements. For example, new exercises for the Topside curriculum were developed, and an easy-to-read version was produced, national and European strategies and policies on Peer Support were defined and the dissemination efforts were further increased amongst both national and European stakeholders.

Topside+ has proven that peer support is a unique and effective method of empowering people with intellectual disabilities everywhere. All project materials are available in 11 languages on the project website:
www.peer-support.eu





ARTICLE 24 OF THE UN CRPD: THE RIGHT TO EDUCATION AS A HUMAN RIGHT

Children and teenagers with intellectual disabilities are often sent to special schools.

This separates them from their brothers and sisters and other children in their neighbourhood.

Some children who have more needs often do not get an education at all.

This is a big problem.

The CRPD is what we call the agreement among lots of countries on the rights that persons with disabilities have.

Inclusion Europe helped to make sure that this agreement says that people with disabilities should learn together with everyone else.



The right to education is a fundamental human right, and it should be universal. However, children and teenagers with intellectual disabilities are too often denied this right or offered an education in segregated schools or classrooms.

Inclusion Europe has a long track record of advocating for inclusive education; it is one of our primary policy areas. Therefore, we attended the 16th session of the UN CRPD Committee in Geneva on the General Comment on Article 24 of the Convention, the Right to Inclusive Education. A General Comment is devised to clarify what is meant by 'inclusive education' and what the exact obligations of Member States are to provide persons with disabilities an education. Inclusion Europe welcomed the development of the General Comment on Article 24 to clarify concepts and support its implementation. Our President, Maureen Piggot, attended the session with Diane Richler from Inclusion International to discuss with Committee members their position and advocate for the rights of persons with intellectual disabilities.

With support from the Open Society Foundation's Education support programme we led a project to facilitate smaller organisations including some from the South East Balkans to take part in the General Comment consultation with the aim to convince first the CRPD Committee, and then national governments that full inclusion of all persons with disabilities in mainstream education is the way forward. We wanted the UN CRPD to reflect a commitment to inclusive education as best for all learners as well as the way to create truly inclusive societies.

In August, the CRPD Committee announced their unanimous adoption of a General Comment that defines and promotes inclusive education. We are delighted that, fully recognizing the challenges ahead, the Committee kept the focus on the future and the inclusive world the CRPD envisages.

2016 IN NUMBERS

SUMMARY





FINANCIAL REPORT

Inclusion Europe managed its money well in 2016.

We received money from our members and the European Commission.

We also received money from projects.

We spent money to keep Inclusion Europe running.

For example for the staff at Inclusion Europe.

A professional came to check how Inclusion Europe manages its money.

She said that everything was in order.

In 2016 the financial result of Inclusion Europe was positive and an operating surplus of EUR 15.800 was achieved.

Despite economic constraints in many European countries, the constant and reliable payment of membership fees contributed significantly to the fulfilment of our financial requirements. It is also the valued proof of our member's commitment to our work.

A major pillar of income is the Commission Running Cost Grant, which represents 34 % of our income level.

Furthermore the co-financing of several projects, such as Topside+, Safe Surfing and Able to include contributed greatly to the financing of different activities.

Therefore I want to express my appreciation to our members, partners and the European Commission for receiving their trust in our efforts and their support.

As for the expenses, we successfully managed all financial charges necessary for operating Inclusion Europe: Staff, office and travel expenses were monitored and steered with great attention.

The annual audit was conducted in accordance with the required standards and terms of reference by examining the financial statements, with a balance sheet total of EUR 321.800. The auditor confirmed that the financial statements are presenting correctly the net worth and financial position of the association.

FINANCIAL REPORT 2016 - RESUME

INCOME		
Project income	€ 284,066.25	43.97%
Running Cost Grant	€ 190,778.64	29.53%
Membership Fees	€ 139,179.00	21.54%
Other operating income	€ 32,033.00	4.96%
Total income	€ 646,056.89	100%

EXPENDITURE		
Staff	€ 273,776.86	43.44%
External Project staff	€ 125,808.29	19.96%
Travel and subsistence	€ 81,683.78	12.96%
Equipment & running cost	€ 61,427.28	9.75%
Other services	€ 46,095.24	7.31%
Information	€ 16,396.49	2.60%
Financial and exceptional charges	€ 25,061.10	3.98%
Total expenditure	€ 630,249.04	100%

HANNES TRAXLER

Treasurer

OUR TEAM



Maureen Piggot
President
United Kingdom

THE BOARD

The Board of Inclusion Europe is elected at the Annual General Assembly and is responsible for managing the affairs of Inclusion Europe.

This is the composition of the board as of December 2016:



Gerhard Kowalski
Vice-President
France



Senada Halilčević
Vice-President
Croatia



José Smits
Secretary-General
Netherlands



Hannes Traxler
Treasurer
Austria



Maria Antonia Fortuño Cebamanos
Spain



Helene Holand
Norway



Thomas Jansson
Sweden



Elisabeta Moldovan
Romania



Jyrki Pinomaa
Finland



Mateja de Reya
Slovenia



Denise Roza
Russia

THE SECRETARIAT

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Soufiane El Amrani, Easy-to-read Editor

Jacqueline Pareys, Office Assistant

Daniel Scheiff, Volunteer

Yago Jaén Retes, Trainee

OUR MEMBERS

INCLUSION EUROPE HAS 71 MEMBERS IN 38 EUROPEAN COUNTRIES.

ALBANIA

Help The Life Association
www.helpthelife.org

AUSTRIA

Lebenshilfe Österreich
www.lebenshilfe.at

Lebenshilfe Wien
www.lebenshilfe.wien

Selbstvertretungszentrum
für Menschen mit Lern-
schwierigkeiten
www.svz.wuk.at

BELGIUM

Inclusion asbl
www.inclusion-asbl.be

BOSNIA

Association Sumero
www.sumero.ba

Zivotna pomoc
www.korakpokorak.org

BULGARIA

BAPID – Bulgarian Association for
Persons with Intellectual Disabilities
www.bapid.com

КАРИН ДОМ – Karin
Dom Foundation
www.karindom.org

CROATIA

Udruga za promicanje inkluzije –
Association for Promoting Inclusion
www.inkluzija.hr

Udruga za samozastupanje –
Association for Self-Advocacy
www.samozastupanje.hr

Hrvatski savez udruga osoba
s intelektualnim teškoćama
Croatian Association of
Societies of Persons with
Intellectual Disabilities
www.savezosit.hr

CYPRUS

Panyprian Parents Association
for People with Mental Handicap
pasygoka@cytanet.com.cy

CZECH REPUBLIC

SPMP (ČR) – Společnost
pro podporu lidí s
mentálním postižením
SPMP (ČR) – Inclusion
Czech Republic
www.spmpr.cz

Sebeobhajci Praha
jan.siska@pedf.cuni.cz

Rytmus
www.rytmus.org

DENMARK

Landesforeningen LEV
www.lev.dk

ESTONIA

Vaimukad – Eesti Vaimupu-
udega Inimeste Tugiliit
Vaimukad – Estonian Mentally Dis-
abled People Support Organisation
www.vaimukad.ee

EVPIT Self-Advocacy Group
evpit@vaimukad.ee

FAROE ISLAND

Javni
www.javni.fo

FINLAND

Kehitysvammaisten Tukiliitto r.y.
www.kvtl.fi

FDUV
www.fduv.fi

Steg för Steg
www.stegforsteg.fi

FRANCE

UNAPEI
www.unapei.org

Nous Aussi
www.nousaussi.org

Les Papillons Blancs de Dunkerque
www.papillonsblancs-dunkerque.fr

GERMANY

Bundesvereinigung Lebenshilfe
für Menschen mit geistiger
Behinderung e.V.
www.lebenshilfe.de

Der Rat behinderter Menschen der
Bundesvereinigung Lebenshilfe
ulrich.niehoff@lebenshilfe.de

Lebenshilfe Schleswig-Holstein
www.lebenshilfe-sh.de

GREECE

POSGAMEA – Panhellenic
Federation of Parents and
Guardians of Disabled People
www.posgamea.gr

HUNGARY

ÉFOÉSZ – Értelmi Fogyatekosok
Országos Érdekvédelmi Szövetsége
www.efoesz.hu

ÉFOÉSZ Self-Advocacy Group
www.efoesz.hu

ICELAND

Landssamtökin Throskahjálþ
www.throskahjalp.is

IRELAND

Inclusion Ireland
www.inclusionireland.ie

ISRAEL

AKIM Israel
www.akim.org.il

ITALY

Anffas Italy
www.anffas.net

LATVIA

Rupju Berns
www.rupjuberns.lv

LITHUANIA

VILTIS – Lithuanian Welfare Society
for Persons with Mental Disability
www.viltis.lt

LUXEMBURG

APEMH
www.apemh.lu
Ligue HMC
www.ligue-hmc.lu

FORMER YUGOSLAV REPUBLIC OF MACEDONIA

Republic Center for Helping
Persons with Mental Handicap
www.poraka.org.mk

Centre for Helping Persons with
Mental Handicap (Poraka Negotino)
www.porakanegotino.org.mk

MALTA

Movement in Favour of Rights for
Persons with Disability – Down
Syndrome Association
marthesemugliette@gmail.com

INSPIRE – The Foundation
for Inclusion
www.inspire.org.mt

NETHERLANDS

Inclusie Nederland
www.inclusie.nl

Vereniging LFB
www.lfb.nu

Ieder(in)
post@iederin.nl

NORWAY

NFU – Norsk Forbund for
Utviklingshemmede
www.nfunorge.org

NFU Self-Advocacy Group
helene@nfunorge.org

POLAND

PSONI – Polskie Stowarzyszenie na rzecz Osób z
Niepełnosprawnością Intelektualną
PSONI – Polish Association for
Persons with Intellectual Disability
www.psoni.org.pl

PORTUGAL

FENACERCI
www.fenacerci.pt

Humanitas
www.humanitas.org.pt

ROMANIA

Ceva de Spus
www.cevadespus.ro

Pentru Voi
www.pentruvoi.ro

Federatia Incluziune
incluziune_romania@yahoo.com

RUSSIA

Перспектива
Perspektiva
www.perspektiva-inva.ru

SCOTLAND (UK)

ENABLE SCOTLAND
www.enable.org.uk

ENABLE ACE COMMITTEE
www.enable.org.uk

SERBIA

SAPI – Serbian Association
for Promoting Inclusion
www.sapi.rs

SLOVAKIA

ZPMPVSR – Združenie na
pomoc ľuďom s mentálnym
postihnutím v SR
ZPMPVSR – Association for
help to the Mentally Disabled
Persons in Slovakia
www.zpmpvsr.sk

SLOVENIA

SOZITJE – National Association for
Mentally Handicapped Persons
www.zveza-sozifje.si

Center for training, work
and protection
Dolfka Boštjančič, Draga
center.draga.ig@center-db.si

SPAIN

Plena Inclusión
www.plenainclusion.org

APPS – Federacio Cata-
lana Pro Persones amb
discapacitat intel·lectual
www.dinca.cat

SOM fundació
www.somfundacio.org

SWEDEN

FUB
www.fub.se

Rikssektionen Klippan
www.klippan.fub.se

SWITZERLAND

INSIEME
www.insieme.ch

UNITED KINGDOM

MENCAP
www.mencap.org.uk

EUROPEAN ORGANISATIONS

ECCE – European Cooperation
in Anthroposophical Curative
Education and Social Therapy
www.ecce.eu

Down Syndrome Educa-
tion International
www.dseinternational.org

Special Olympics Europe Euroasia
www.specialolympics.eu



INCLUSION EUROPE

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 youtube.com/inclusion-europe



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